

YOUTH RESOURCE GUIDE

Rev. 02/2023



**THIS GUIDE IS FOCUSED ON
PROVIDING FREE RESOURCES
TO YOUTH 18-24 YEARS OLD**

**HOWEVER, SEVERAL OF THE RESOURCES CAN
BE USED BY PEOPLE OF MANY AGES**

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Are you currently experiencing housing instability?

Are you in need of housing?

Call 2-1-1

24-hours per day to be assessed for placement on the Kern County housing list.



In an Emergency or Crisis

- **For assistance in an emergency or if you are in immediate danger**

Dial 9-1-1

- **Kern Mental Health 24-Hour Crisis Hotline**

1-800-991-5272

- **The Open Door Network 24-Hour Crisis Hotline (Sexual Assault & Domestic Violence)**

Local: 661-327-1091

Toll Free: 1-800-273-7713

- **988 Suicide & Crisis Lifeline**

Text or call 988 24/7 if you are thinking about suicide or are in need of emotional support

- **Crisis Text Line**

Text HOME to 741741, anytime, about any type of crisis

- **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)

- **National Human Trafficking Hotline**

1-888-373-7888

www.humantraffickinghotline.org

text: "HELP" or "INFO" to 233733

- **National Child Abuse Hotline**

1-800-4-A-CHILD (1-800-422-4453)

Were you ever in foster care (even for 1 day)?

You may qualify for The KCNC Dream Center!

Location: 1801 19th St.

Bakersfield

Hours: Mon.-Fri. 8AM-4:30PM

Phone: 661-636-4488

The Dream Center is a drop-in center for current & former foster youth.

Services include: laundry, showers, food, clothing, hygiene supplies, housing assistance, education/ employment/ vocational help, computer center, independent living classes, help applying to public benefits, mental health & substance abuse treatment, peer support, and skill building.



Pregnant & Parenting Youth

- **Bakersfield Pregnancy Center**

661-326-1907; www.wehelpyou.org
1801 18th St. Bakersfield

- **Black Infant Health (must be 18+)**

661-868-0521; kernpublichealth.org/bih

- **CapK Migrant Childcare**

1-800-259-8866
<https://www.capk.org/mcap-enrollment/>

The Migrant Childcare Alternative Payment (MCAP) Program provides child care services to migrant agriculturally working families.

- **Clinica Sierra Vista's Adolescent Family Life Program**

661-324-0293; www.clinicas ierravista.org

- **Community Connection for Child Care**

661-861-5200; 2000 K St. #110, Bakersfield
www.kernchildcare.org

Child Care Payment Assistance Program for low-income families; Bridge Program child care voucher for foster youth; resources & support

- **Department of Human Services**

661-631-6000; 100 E. California Ave. Bakersfield

For rural locations, go to:
<https://www.kcdhs.org/about-dhs/about-us/office-hours-and-locations>

General Assistance, CalWORKs, CalFresh, Medi-Cal, Homeless Assistance & CAPI

- **Dignity Health Learning Center & Outreach Center**

661-632-5562

*Learning Center: 631 E. California Ave. Bakersfield
Homework club; bus passes for medical appts;
emergency food baskets; sack lunches; referrals for food/clothing/household items*

*Outreach Center: 1627 Virginia Ave. Bakersfield
After school program; breakfast club; bus passes for medical appts; dinner bell; emergency food baskets & baby items; referrals for food/clothing/household items*



- **Family Life Pregnancy Center (Tehachapi)**

661-823-8255; familylifepc.org

- **Head Start & Early Head Start**

1-800-701-7060; <https://www.capk.org/headstart/>

- **Planned Parenthood Mar Monte**

661-634-1000; ww.ppparmonte.org

- **Pregnancy Care Center (Ridgecrest)**

760-384-2273; 341 E Ridgecrest Blvd., Ridgecrest

- **Pregnancy Resource Center (Lake Isabella)**

760-379-8893; 6040 D Lake Isabella Blvd. Lake Isabella

- **Public Health Department**

661-321-3000; 1800 Mt. Vernon Ave. Bakersfield

Immunizations; car seats; safe sleep porta cribs; public health nursing; STD & HIV testing; family planning services; access to PrEP for 16+

- **Sleepy Baby Box**

661-479-0029; 3803 Union Ave. Bakersfield

Parenting classes; sleepy baby boxes; clothing & baby care essentials & food pantry

- **WarmLine**

661-323-3531; e-warmline.org

- **WIC (Women, Infants & Children)**

1-866-327-3074; www.capk.org/programs/wic/

Vital Documents

- **Department of Motor Vehicles (DMV)**
800-777-0133; dmv.ca.gov

Bakersfield Location 1:

3120 F. St. Bakersfield; M-S, 8AM-5PM

Bakersfield Location 2:

70000 Schirra Ct. Bakersfield; M-F, 7AM-5PM

To obtain a Driver's License, Real ID or ID card

- **The KCNC Dream Center**

1801 19th St. Bakersfield; M-F, 8AM-4:30PM

Can help get vital documents if you qualify for services

- **Greater Bakersfield Legal Assistance
Community Homeless Law Center**

661-334-4666

Can help get vital documents if you qualify for services

- **Hall of Records**

661-868-6449; 1655 Chester Ave. Bakersfield

If you were born in Kern County, you can purchase a birth certificate copy for \$25

- **Social Security Administration**

www.ssa.gov

Bakersfield Location 1:

2575 Haley St. Bakersfield; 800-772-1213

Bakersfield Location 2:

5300 Office Park Dr. Bakersfield; 866-476-1489

You can get up to 3 free social security card copies per year and up to 10 free s.s. cards in a lifetime

NOTE

If you have a case manager, ask them to give you a free and/or reduced cost ID fee waiver. They also may be able to help you get a free copy of your birth certificate.

Mental Health

- **The Center for Sexuality & Gender Diversity**

661-843-7995; 901 18th St, Bakersfield

Open walk in hours:

Tu-Th, 5-7PM; F, 4-7PM; Sa, 3-6PM

Free 1:1 Counseling Offered

- **Clinica Sierra Vista Behavioral Health**

661-397-8755; www.clinicasierravista.org

- **College Community Services (Rural Kern)**

Crisis Hotline (24 hours a day/7 days a week):

877-300-4738

For all locations & individual location phone numbers, go to: <https://www.ccskern.com>

- **Kern Behavioral Health & Recovery Services**

Crisis Hotline (24 hours a day/ 7 days a week):

1-800-991-5272

Children (Under 18): 661-868-6750

Transition Age Youth (16-25 years): 661-868-8310

KBHRS Access Line (18 & Over): 661-868-8123

www.kernbhhs.org

For all KBHRS mental health providers in Kern, visit: <https://www.kernbhhs.org/find-services>

- **Omni Family Behavioral Health**

866-707-OMNI; omnifamilyhealth.org

Legal Help

- **America's Job Center & Kern County Law Library Expungement Workshops**

1st & 3rd Fridays of the month, 10:30AM-11:30AM
RSVP at: 661-336-6912
Must be registered in CalJOBS to attend:
www.caljobs.ca.gov

- **Beale Memorial Library**

661-868-0701
701 Truxtun Ave. Bakersfield

Legal Help Every Tuesday, 5PM-6PM

- **California Rural Legal Assistance, Inc. (Arvin, Delano, Shafter, McFarland, Lost Hills & Wasco)**

www.crla.org

Delano Office: 601 High St. Delano; 661-725-4350
Arvin Office: 211 Bear Mtn. Blvd. Arvin; 661-854-3839

- **Family Justice Center**

(661) 868-8410
2101 Oak Street, Bakersfield
M-F: 8:30AM-12PM, 1PM-5PM

Services for victims of domestic violence including: advocacy, case management, restraining orders, counseling, legal assistance, Cal/Works and Cash Aid, law enforcement and prosecution, immigration assistance, safety planning, and child support services.

- **Greater Bakersfield Legal Assistance, Inc.**

661-325-5943; www.gbla.org

Civil legal help with housing, education, guardianship, domestic violence, health, public benefits, homeless issues & consumer law

- **Kern County Family Law Facilitator**

1215 Truxtun Avenue, 1st Floor, Bakersfield, CA
Walk in hours:
M-Th, 8AM-4PM; F, 8AM-12PM

Providing assistance to unrepresented parties in child & spousal support cases



- **Kern County Self Help Center**

Kern County Law Library (1415 Truxtun Avenue, 3rd Floor, Bakersfield)
Walk in hours: M-F, 8AM-4PM

Free legal resources and assistance to self-represented litigants

- **Kern County Small Claims Court Advisor**

661-868-2532

The Small Claims Advisor is employed by the court and can explain the basic steps involved in small claims actions.



Veterans

- **Bakersfield College Vernon Valenzuela Veteran Resource Center**

661-395-4312; veterans@bakersfieldcollege.edu

- **Bakersfield Vet Center**

661-323-8387; 1110 Golden State Ave. Bakersfield

- **California Veterans Assistance Foundation (CVAF)**

661-829-5908; <http://www.cavaf.org/>

Services include: Housing; shelter; job assistance; counseling; case management; and more

- **CSU Bakersfield Veterans Success Center**

661-654-3557; www.csub.edu/veterans

- **Kern County Veterans Service Department**

Main office: 1120 Golden State Ave. Bakersfield
661-868-7300
kernvets@kerncounty.com

For rural Kern Co. locations & phone numbers, go to: www.kerncounty.com/government/veterans-service

- **Veterans Crisis Line**

Dial 988 & press 1 or text 838255

If you're a veteran in crisis, crisis chat is available 24 hours a day, 7 days a week.

Homeless Youth

- **2-1-1/ CapK**

Toll free number: 800-273-2275

Online CapK resource guide is available at:
www.211kerncounty.org

Call 2-1-1 24-hours per day to be assessed for placement on the Kern Co. housing list or to get referrals to helpful resources (such as food banks, clothing, child care, etc.)

- **Bakersfield College Renegade Pantry**

661-395-4355; M-Th (8AM-6PM)
Dining Commons, Room 130, Bakersfield College
Email: thepantry@bakersfieldcollege.edu

Eligibility:

Must be enrolled in at least .5 units at B.C.
Present BC ID upon pick-up

Supplemental food options, personal and professional clothing, gender-affirming clothing, hygiene assistance and personal care to BC students

- **Brundage Lane Navigation Center**

Emergency homeless shelter-- referral only. Must receive a referral from law enforcement or Flood Bakersfield Ministries

- **CalWORKs Temporary Homeless Assistance**

Contact DHS Housing Support Program at 661-631-6688 x16688 or visit local DHS office

Provides 16 days of temporary shelter including motel costs. Families must be CalWORKs eligible.

- **Casa Esperanza Transitional Home for Women & Children**

661-343-5785

Serves women or women with minor children. Minimum 6 months of transitional housing. Must be sober, willing to commit to communal living, obtain employment & education opportunities. Cannot be fleeing domestic violence.

- **Catholic Charities**

661-281-2130; 825 Chester Ave. Bakersfield
Hours: M-F, 8AM-3:45PM (closed 12PM-1PM)

Food pantry; help with CalFresh; DMV vouchers; PG&E CARE program; rep. payee program & career/ education center

- **Church Without Walls**

661-747-1251; 114 Beardsley Ave. Bakersfield

Sun @ 6PM: Dinner following service

Mon @ 11AM: Food giveaway

Thurs @ 10AM: Showers & lunch

Fri @ 12PM: Bible study & food basket (335 Roberts Ln.)

Fri @ 6PM: Pizza (114 Beardsley)

- **CSU Bakersfield Food Pantry**

The CSUB Food Pantry is open to CSUB students, staff, and faculty and is located just north of the Student Union, before reaching Parking Lot M.

<https://www.csub.edu/basicneeds/food-pantry>

- **Discovery Church Ministry (Dream Center)**

(661) 368-1477; 520 Union Ave. Bakersfield
www.dreamcenterbakersfield.com

- 2nd Sat. of the month: food & clothing distribution from 9-11AM at 520 Union Ave.
- 4th Sat. of the month: food only at 7301 White Ln
- Emergency food assistance, call & then meet with Outreach Pastor

- **Flood Bakersfield Ministries**

661-323-5663; www.floodbako.com

Homeless street outreach; housing navigation; case management; community outreach; emergency shelter/ navigation center referrals

- **Gleaners Volunteer for Food Program**

661-324-2767; 1326 30th St. Unit A, Bakersfield

Program hours: M-F, 7:30AM-2PM
(Closed the 1st Friday of every month.)

Provides a food box in exchange for 1-week of volunteer work at the Gleaners food bank. Daily breakfast, snack and lunch is also provided for volunteers

- **Homeless Education Program (Kern Co. Superintendent of Schools)**

661-636-4900; the Dream Center Collaborative Building (1807 19th St. Bakersfield)

Educational advocacy, assistance with college enrollment, transferring records & transcripts, assistance filing for FAFSA, and more.

Homeless Youth Continued

- **The KCNC Dream Center**

661-636-4488; 1801 19th St. Bakersfield
Hours: Mon.-Fri. 8AM-4:30PM

The Dream Center is a drop-in center for current/ former foster youth.

Laundry, showers, food, clothing, hygiene supplies, housing assistance, education/ employment/ vocational help, computer center, independent living classes, help applying to public benefits, mental health & substance abuse treatment, peer support, and skill building

- **Kern County Library**

For hours & locations, visit:
www.kerncountylibrary.com

Free WiFi/ internet, computer usage & videoconferencing tools; small fees for copies, prints & faxes (at select locations); Snacks in the Stacks youth program (at select locations)

- **Low Barrier Navigation Center**

Emergency homeless shelter-- referral only. Must receive a referral from law enforcement or Flood Bakersfield Ministries

- **The Mission at Kern County**

661-325-0863; 816 E. 21st St. Bakersfield

For community meals: Meals served daily.
Breakfast: 6AM-7AM; Lunch: 11AM-12PM;
Dinner: 4:30PM-5:30PM

For emergency shelter:
The Mission houses male youth in the regular shelter, if over the age of 18. Youth under the age of 18 can reside in the Mission if they are living with a parent who is enrolled in one of the Mission's substance abuse residential programs.

- **New Life Residential & Training Center**

661-873-4676; newlifetrainingcenter.org

Target populations: Former foster youth, males 18+, veterans & ex offenders

24 hour supervised residential care, case management, access to health/ social services, counseling, substance abuse counseling, academic support, vocational/ employment training & development

- **The Open Door Network- Emergency Shelter**

661-322-0426; 1600 E. Truxtun Ave. Bakersfield
<https://opendoorhelps.org/>

Meals served daily for the community at 7AM & 4PM; Emergency shelter available if you are a minor with a parent or if you are aged 18+; must call to get on shelter list

- **Salvation Army (Tehachapi)**

(661) 823-9508; 538 E. Tehachapi Blvd. Tehachapi

Fresh rescue food program (free produce, meat, bread & dairy). M, Tu, Thu & Fri, 8AM-9AM

- **St. Vincent de Paul**

300 Baker St. Bakersfield

Free meals & showers for homeless individuals. Meals served M-F at 9AM & 12PM; Sat at 9AM



LGBTQ+

- **California Rural Legal Assistance**

831-724-2253; www.crla.org

LGBTQ+ legal services in rural California

- **The Center for Sexuality & Gender Diversity**

661-843-7995; www.glcenterbak.org
901 18th St. Bakersfield

Open walk in hours:
T-Th: 5-7PM; F: 4-7PM; S: 3-6PM

A safe space; free 1:1 counseling; youth group; gender rebels (transgender support group); bi/pansexual + group; affirming & inclusive events; support workshops

- **LGBT National Help Center**

Youth Talkline: 1-800-246-PRIDE (7743)
www.glnh.org

- **PFLAG Bakersfield**

661-527-3524; pflagbfl@yahoo.com
<https://pflag.org/chapter/pflag-bakersfield>

- **The Trevor Project**

Hotline: 866-488-7386
Text "TREVOR" to 202-304-1200
Online e-chat: www.trevorproject.org



Current/ Former Foster Youth

- **Aspiranet THP-Plus Foster Care**

661-323-1233; 4900 California Ave. Tower-A, Suite 410-A, Bakersfield
www.aspiranet.org/programs/transitional-aged-youth/

Transitional Aged Foster Youth Housing Program- Provides assistance with Housing Placement, Employment, Education/Training enrollment, and supportive assistance with Life Skills for a successful transition to Independence and Stability. Participants must be AB-12 Active and receive a referral from your DHS social worker or probation officer.

- **AB-12 Extended Foster Care & Independent Living Skills Programs**

661-636-4488; apply at the Dream Center (1801 19th St. Bakersfield)

- **Bakersfield Angels**

661-472-5950; www.bakersfieldangels.org

Mentoring services for current foster youth aged 11-24 years

- **Bakersfield College Extended Opportunity Program & Services (EOPS)**

661-395-4351
www.bakersfieldcollege.edu/student/eops

Academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students

- **Building Blocks**

661-636-4488; must apply/ inquire at the Dream Center (1801 19th St. Bakersfield)

A housing program for foster youth between 18-21 managed by Covenant Community Services in collaboration with the Housing Authority & Kern County ILP



- **Covenant Community Services**

661-829-6999; www.covenantcs.net
 1700 N. Chester Ave. Bakersfield

Provides services and support for foster youth and former foster youth ages 18-24: services include affordable housing at Building Blocks, Transitional Housing Plus services for 21-25 year old former foster youth, mentoring programs, help with basic needs through CARENET, employment and vocational services at Covenant Coffee, life skills classes, and more

- **CSU Bakersfield: Guardian Scholars Program**

661-654-3215; www.csub.edu/gsp

Support for college-bound current or former foster youth between 17-24, including assistance with university admissions

- **The KCNC Dream Center**

661-636-4488; 1801 19th St. Bakersfield
 Walk in hours: M-F, 8AM-4:30PM

One-stop resource center for current/ former foster youth up to their 25th birthday, which has showers, laundry, computers, basic need items & services

- **Foster Care Ombudsman**

877-846-1602; Email fosteryouthhelp@dss.ca.gov

Foster youth may call to express their concerns and complaints; ensures that the voices of foster children and youth are heard/ acts on their behalf; acts as an independent forum for the investigation.

- **Foster Youth Services (Kern Co. Superintendent of Schools)**

661-636-4900; the Dream Center Collaborative Building (1807 19th St. Bakersfield)

Educational advocacy, assistance with college enrollment, transferring records & transcripts, assistance filing for FAFSA, and more.

- **Kern Bridges Youth Homes**

661-396-2301; www.kernbridges.com

Can provide housing items, clothing & shoes to emancipated youth who are former STRTP or group home members.

- **Kern County Department of Human Services (CPS)**

661-631-6819; www.kerncounty.com/dhs

Current/ Former Foster Youth Continued

• New Life Residential & Training Center

661-873-4676; newlifetrainingcenter.org

Target populations: Former foster youth, males 18+, veterans & ex offenders

24 hour supervised residential care, case management, access to health/ social services, counseling, substance abuse counseling, academic support, vocational/ employment training & development

• Next Up

NextUp provides support services for current and former foster youth students who were in foster care on or after their 13th birthday.

At Bakersfield College:

(661) 395-4351

Email: nextup@bakersfieldcollege.edu

At Cerro Coso College:

760-384-6250

Email: accessprograms@cerrocoso.edu

• Residences at West Columbus

To be placed on the waitlist, contact Kern Behavioral Health & Recovery Services at 661-868-8310

Housing for transitional aged youth aged 18-24

• Transition Age Youth (TAY) Team with Kern Behavioral Health & Recovery Services

661-868-8310; kernbhhs.org

Ages 16-25; addresses emotional & behavioral health, housing, vocational, educational & social functioning



• Transitional Housing Services

661-636-4488; apply at the Dream Center (1801 19th St. Bakersfield)

• Victory Family Services: Transitional Housing Placement Program (THPP)

661-912-0111; www.victoryfs.org; 4200 Truxtun Ave. Suite 202, Bakersfield

Victory's THPP provides services to former foster youth ages 18-21. All participants must be able to live independently without 24-hour supervision. Services include life skills training, mentoring, and peer support, as well as educational, medical, employment, and residential services.

• Youth Empowering Success (YES!)

For information, contact KCSOS Foster Youth Services at 661-636-4900.

YES! chapters are available in select middle & high schools. YES! provides mentorship for foster youth. Students meet regularly, hear from guest speakers on topics relating to foster youth, participate in educational field trips & are offered advocacy opportunities.



Asylee & Immigration Services

• Catholic Charities- Asylee and Vulnerable Non-citizen Services

(661)332-4032; 825 Chester Ave. Bakersfield

Case management services to help with resettlement assistance and provide culturally appropriate resources and support.

Eligibility: Within 1 year of being granted asylum, were verified through TCVP, or who have/are in the process of a pending U/T Visa



Mentoring

- **Bakersfield Angels**

661-472-5950; www.bakersfieldangels.org

Mentoring services for current foster youth aged 11-24 years

- **Boys & Girls Club of Kern County**

661-325-3730; www.bgclubsofkerncounty.org

- **Garden Pathways**

661-633-9133; 1616 29th St. Bakersfield

Comprehensive mentoring services for CalWORKs participants, family and youth impacted by gang violence, emancipating and emancipated foster youth, pregnant and parenting youth, other at-risk youth, and ex-offenders; tattoo removal

- **Friendship House**

(661) 369-8926; 2424 Cottonwood Rd. Bakersfield

- **Kern County Project 180**

661-631-6600; www.kernproject180.org

Youth gang prevention

- **Kern County Sheriff's Office Activities League**

661-868-1504; kcsal.com

- **ShePower Leadership Academy**

661-532-8417; www.shepoweracademy.org

A girl's mentorship, personal development & diverse leadership program empowering girls to live, learn & lead

- **Stepping Stones Youth Development Program**

661-900-2957 or 661-398-9161
steppingstonesyouth@gmail.com

Job readiness & job search; counseling/ behavioral health; educational path

- **Wendale Davis Foundation**

661-493-0275; www.wendaledavisfoundation.org

Substance Use Treatment

- **Ala-teen**

www.al-anon.org

Support groups for teens whose lives have been affected by someone else's drinking; in-person groups & online e-chats

- **Bakersfield Recovery Services**

(661)-325-1817

<https://bakersfieldrecovery.com/>

Residential treatment (at Jason's Retreat, Capistrano & Lincoln Street Retreat); outpatient services; sober living

- **Clinica Sierra Vista SAMHSA Program**

661-322-7580; www.clinicasierravista.org

Healthcare for the homeless

- **Kern County Behavioral Health & Recovery Services**

Substance Use Access Line: 866-266-4898

www.kernbhhs.org

- **The Mission**

661-325-0863; www.thebrm.org

Recovery programs for men & women over 12. The program is 18-months & includes 6 months of transitional housing. The Women & Children's Program allows mothers to have their children with them-- girls up to age 17 & boys up to 11

- **The Salvation Army Adult Rehabilitation Center**

661-325-8626

Free 6 month alcohol/ drug inpatient rehab for males over 21

- **Tabitha House Ministries**

661-637-1982; 5741 E. Texas St. Bakersfield

Residential sober living program that houses clients & their families

- **Teen Challenge International**

661-399-2273; www.teenchallenge.org

Residential treatment facilities & drug prevention/ educational programs

- **Third Tradition Sober Living Home**

(661) 735-3448

Domestic Violence, Abuse & Sexual Assault

• The Open Door Network- Domestic Violence Services

661-322-0931; <https://opendoorhelps.org/>
1921 19th St. Bakersfield; M-F, 8:30AM-5:30PM

24-Hour Crisis Hotline

Local: 661-327-1091
Toll Free: 800-273-7713

Child Abuse Treatment Program (CHAT):

Ages 17 years and under
661-322-0931

Serves survivors of domestic violence (intimate partner violence), sexual assault, and human trafficking

Restraining order assistance, accompaniments/ advocacy, court ordered classes, name change, safe at home program, emergency shelter/ transitional housing, housing services, child care services (children 5 and under), counseling services, and child counseling (CHAT program)

• Alpha House (Taft)

Crisis Hotline: 661-763-HELP (4357)

• Bakersfield American Indian Health Project Domestic Violence Prevention Initiative (DVPI)

661-327-4030; bakersfieldaihp.net

Must be a registered American Indian/ Alaskan Native

• Child Protective Services (CPS)

661-631-6011 or 760-375-6049
Report 24 hours per day, 7 days per week

• Family Justice Center

Crisis Hotline: 800-273-7713; www.kernfjc.com
2101 Oak St. Bakersfield
Walk in hours: M-F, 8:30AM-3PM

For help with family violence & sexual assault

• Greater Bakersfield Legal Assistance Domestic Violence Unit

661-325-5943; www.gbla.org

• **National Child Abuse Hotline**
1-800-4-A-CHILD (800-422-4453)

• **National Sexual Assault Hotline**
1-800-656-HOPE (4673)

• Women's Center High Desert (Ridgecrest)

Domestic Violence Hotline: 760-375-7525
Sexual Assault/ Abuse Hotline: 760-375-0745
Child Abuse Prevention: 760-375-7100



Runaway Youth & Human Trafficking

• The Open Door Network- Human Trafficking Services

In partnership with Kern Coalition Against Human Trafficking
661-322-0931
<https://opendoorhelps.org/>

TODN 24-Hour Crisis Hotline

Local: 661-327-1091
Toll Free: 800-273-7713

• National Human Trafficking Hotline

888-373-7888; text "HELP" or "INFO" to 233733
www.humantraffickinghotline.org

• National Runaway Safeline

1-800-RUNAWAY; text: 66008
www.1800runaway.org

Crisis intervention & Greyhound bus tickets for runaway youth ages 12-21

Education

- **Bakersfield Adult School**

661-835-1855; bas.kernhigh.org

GED prep, high school diploma classes, independent study, English as a second language & adult basic education; must be 18+

- **Bakersfield College Adult Education**

<https://www.bakersfieldcollege.edu/adult-education/bakersfield-college-adult-education>

- **Locations Included:**

- Wasco: 661-758-7414
- Shafter: 661-438-1080
- Delano: 661-720-2000
- Bakersfield: 661-396-4992
- Arvin: 661-282-7783

- **Bakersfield College Back to College Initiative**

<https://www.bakersfieldcollege.edu/backtocollege>

- **Bakersfield College ENCORE**

<https://www.bakersfieldcollege.edu/ce/encore-program>

- **Bakersfield College EOPS**

661-395-4351; bakersfieldcollege.edu/student/eops

Academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students

- **Bakersfield College SOAR**

<https://www.bakersfieldcollege.edu/adult-education/soar-program>

- **CSU Bakersfield: Guardian Scholars Program**

661-654-3215; www.csub.edu/gsp

Support for college-bound current or former foster youth between 17-24, including assistance with university admissions

- **CSU Bakersfield: Project Rebound**

661-654-3553; <https://www.csub.edu/rebound/>

Project Rebound supports the success of the formerly incarcerated by offering the opportunity and resources needed to successfully transition and acclimate to a college campus. The program offers special admissions for those who might not normally qualify for university acceptance due to application deadlines and minor academic deficiencies.



- **EPIC (America's Job Center)**

661-336-6460; Text: 661-742-2812
2211 H St. Bakersfield; M-F, 8AM-6PM

Work experience, job search, vocational training & career planning, online high school diploma program, computer lab access, typing certificates & more for 18-24 year olds

- **FIELD - EPIC de Cesar Chavez High School (Free Education Opportunity)**

High School Diploma for adults; ESL classes; Career Technical Education (CTE) Study Programs: Solar, Business Management, Recycling, Natural Resources, Early Childhood Education, Fire and Agriculture.

To learn more about the FREE educational opportunities, visit:

<https://www.farmworkerinstitute.org/>
Or email: InfoCenReg@fieldinstitute.org

- **Friendship House**

(661) 369-8926; 2424 Cottonwood Rd. Bakersfield

After school program, summer CAMP program

- **Homeless & Foster Education Program (Kern Co. Superintendent of Schools)**

661-636-4900; the Dream Center Collaborative Building (1807 19th St. Bakersfield)

Educational advocacy, assistance with college enrollment, transferring records & transcripts, assistance filing for FAFSA, and more.

- **Greater Bakersfield Legal Assistance Education Law Unit**

661-325-5943; www.gbla.org

Legal assistance with bullying, expulsions, suspensions, special education, etc. in schools

- **Kern Community Foundation**

661-325-5346;
<https://www.kernfoundation.org/students/scholarships/>

Scholarships & College Success Program

- **Kern County Library**

661-868-0701; For hours & locations, visit: www.kerncountylibrary.org

Free with a KCL Library Card: Books/e-books, audiobooks, research databases, job seeking assistance & virtual & in-house programs. Snacks in the Stacks youth program is available at select locations.

Education Continued

- **Kern Literacy Council**
661-324-3213; www.kernliteracy.org

Free tutoring, including GED preparation

- **National Migrant Education Hotline**
800-234-8848; Text: 1-607-434-2626

- **Shafter Youth Center (Shafter)**
(661) 746-8235; 455 E. Euclid Ave. Shafter

After school program & summer program

- **Youth 2 Leaders Education Foundation**
661-374-8817; www.y2lef.org



Pets

- **Bakersfield Pet Food Pantry**
661-369-1222

Free pet food distribution on 2nd & 4th Saturdays of the month from 10AM-12PM at 4500 Shepard St. Ste. B-1, Bakersfield

- **The Street Dog Coalition**
Email: THESTREETDOGCOALITION@GMAIL.COM
www.thestreetdogcoalition.org

Free veterinary care for homeless individuals via community vet clinics

Rent, Mortgage & Utility Assistance

- **California Mortgage Relief Program - Apply through United Way**
(661) 834-1820
<https://uwkern.org/cmrf/>

Provides financial assistance to homeowners who have a mortgage, a reverse mortgage, or who are mortgage-free to get caught up on past-due mortgages or property taxes to prevent homelessness.

- **CalWORKs Permanent Homeless Assistance**

Contact DHS Housing Support Program at 661-631-6688 x16688 or visit local DHS office

Helps families secure housing and/or prevent eviction by paying arrearages, security deposit, and more. Families must be CalWORKs eligible.

- **CapK Utility Assistance Program**

Call 2-1-1
<https://energy.capk.org/utility-assistance/>

Financial assistance for low-income individuals and families for help paying electricity, gas, propane and water bills.

- **PG&E Reach Program - Apply through United Way**

(661) 834-1820
<https://uwkern.org/reach/>

The REACH program helps you pay for energy during a crisis. REACH provides an energy credit for up to \$300 based on the past due bill.

Youth With Disabilities

- **CA Department of Rehabilitation: Student Services Program**

661-395-2546; 4925 Commerce Dr. #150, Bakersfield
www.dor.ca.gov

Job experience counseling; work experience; education counseling; work readiness; self-advocacy training

- **Disabled Student Programs and Services (DSPS) at Bakersfield College**

(661) 395-4334
Email: dspsdesk@bakersfieldcollege.edu

Provides reasonable accommodations to students with documented physical, mental health, and learning disabilities who are enrolled in classes through Bakersfield College.

- **Disabled Student Programs and Services (DSPS) at Cerro Coso College**

760-384-6250
Email: accessprograms@cerrocoso.edu

Provides access and support to students with disabilities.

- **Disabled Student Programs and Services (DSPS) at Taft College**

(661) 763-7799
Email: dsps@taftcollege.edu

Provides support services and accommodations to students with disabilities so they can participate as fully and equitably from the college experience as their non-disabled peers.

- **Exceptional Family Center**

661-873-4973; 3121 N. Sillect Avenue, #303, Bakersfield

- **GET-A-Lift**

(661) 869-6347; www.getbus.org/get-a-lift/

A paratransit service for eligible riders who have a disability that prevents them from making some or all of their trips on GET Bus fixed-route buses. GAL offers a shared-ride, curb-to-curb service.



- **Independent Living Center of Kern County**

661-325-1063; Toll free: 800-529-9541
Video phone: 661-369-8966
www.ilcofkerncounty.org
5251 Office Park Dr. #200, Bakersfield

Empowering people with disabilities to live as independently as they can.

- **Kern Regional Center**

661-327-8531; www.kernrc.org

Community based services & supports for individuals with developmental disabilities that began before age 18.

- **Services for Students with Disabilities (SSD) at CSU Bakersfield**

661.654.3360
Email: ssd@csub.edu

Provides support services that enable every student, regardless of disability, to have access to a University education at CSU Bakersfield.



Transportation

- **Bike Bakersfield**

661-321-9247; bikebakersfield.org

Receive a free bicycle in exchange for 12 volunteer hours

- **GET Bus**

661-869-2GET (2438); www.getbus.org

- **Kern Transit**

800-323-2396; https://kerntransit.org/

To get to medical appointments:

- **Kern Family Health Care Transportation Department**

661.632.1590;
www.kernfamilyhealthcare.com/members/transportation-benefits/

- **Health Net Transportation Department**

866-779-5165



Employment

- **America's Job Center**

661-325-HIRE; www.americasjobcenterofkern.com

- **Bakersfield Adult School Career Resource Department**

661-835-1855; bas.kernhigh.org

Promotes self-sufficiency through educational & occupational training

- **Cesar Chavez Environmental Corps**

Conservation Corps for young adults, ages 18-25, at time of hire. Please email HR@fieldinstitute.org to request an application.

- **Covenant Coffee**

661-829-6737; 1700 N. Chester Ave. Bakersfield
www.covenantcoffee.org

Serving foster/ former foster youth with mentoring & employment

- **EPIC (America's Job Center)**

661-336-6460; Text: 661-742-2812
2211 H St. Bakersfield; M-F, 8AM-6PM

Work experience, job search, vocational training & career planning, online high school diploma program, computer lab access, typing certificates & more for 18-24 year olds

- **Kern County Library**

www.kernlibrary.org

Job Seeker Toolkit; Job Seeker Appointment Help; Community Job Board

- **Mexican American Opportunity Foundation (MAOF)**

2130 Chester Ave. Ste. 200, Bakersfield
661-336-6821

Residents can receive free job training in bookkeeping and clerical work.

- **The Open Door Network Job Development Program**

661-322-9199

Employs homeless/ previously homeless individuals & provides job training

- **Project Hire Up (Bakersfield College)**

661-395-4180

Email: bcprojecthireup@bakersfieldcollege.edu

The program has 3 major components: Personal, Education and Career Development. The goal is to create pathways to self-sufficiency. By utilizing this design, some of our community's most vulnerable have the opportunity to go from homeless to a job within 6 months.



Tax Preparation

- **United Way of Kern County- Volunteer Income Tax Assistance (VITA)**

(661) 834-1820

<https://www.kernvita.org/appointment/>

If you earned less than \$60,000 in the previous year, you may qualify for the EITC and you can have your taxes prepared for free from the Kern VITA Partnership.

According to the IRS, approximately 20% of residents do not claim one of the biggest boosters to family incomes - the Earned Income Tax Credit (EITC), a refundable credit that can amount to as much as \$6,935 per qualifying family.



Clothing

- **The Hope Center**

661-399-2119; 3311 Manor St. Bakersfield

Free clothing distribution on Tues, Thurs & Fri from 9AM-11AM. Clients are eligible to receive clothing once every 3 months.

Family Resource Centers

Family Resource Centers can help with a variety of individual & family needs. Some of the things they may be able to help with are: utility assistance, emergency food, clothing, referrals, after school programs, summer programs, basic needs, parenting classes, case management, and more.

- **Arvin Family Resource Center (Arvin)**
661-854-6525; 737 Bear Mountain Boulevard, Arvin
- **Buttonwillow Community Resource Center (Buttonwillow)**
661-764-9405; 42600 California 58, Buttonwillow
- **Delano Community Connections Family Resource Center (Delano)**
661-721-7036; 1842 Norwalk St., Delano
- **East Bakersfield Community/Family Resource Center**
661-631-5895; 801 Niles St., Bakersfield
- **East Kern Family Resource Center (Mojave)**
661-824-4118; 16804 CA-14, Mojave
- **Greenfield Family Resource Center**
661-837-3720; 5400 Monitor Street Bakersfield
- **Kern River Valley Family Resource Center (Lake Isabella)**
760-379-2556; 6048 Lake Isabella Blvd Ste. A, Lake Isabella
- **Lamont/Weedpatch Family Resource Center (Lamont)**
661-854-2724; 7915 Burgundy Ave. Lamont
- **McFarland Family Resource Center (McFarland)**
661-792-1883; 410 E. Perkins Avenue, McFarland
- **Mountain Communities Family Resource Center (Frazier Park)**
661-245-4303; 3015 Mt. Pinos Way #201, Frazier Park



- **Oasis Family Resource Center (Ridgecrest)**
760-248-3221; 814 N. Norma St. Ridgecrest
- **Lost Hills Family Resource Center (Lost Hills)**
661-797-3042; 14823 Office Ln. Lost Hills
- **Shafter Healthy Start Family Resource Center (Shafter)**
661-746-8788; 300 N Valley St. Shafter
- **Southeast Neighborhood Partnership Family Resource Center**
661-322-3276; 815 Dr. Martin Luther King, Jr. Blvd. Bakersfield